The Recovery Alliance Panel: Crossing Silos to Better Serve
NOAP Conference: March 27, 2018

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Welcome

Barbara H. McGill, MSN, RN
President, NOAP
Director, RNP Monitoring

Professional Monitoring Organizations

Barbara H. McGill, MSN, RN
Director
RNP Monitoring

NOAP Mission

to promote public safety through participation of potentially impaired healthcare professionals in monitored rehabilitation and recovery as an alternative to license discipline, emphasizing fitness to practice and retention of competent professionals. NOAP is committed to working in cooperation with regulatory and professional organizations toward this objective.

Different PMOs: Different Missions with Some Common Goals

Encouraging the wellbeing and recovery of professionals through compassion, support, advocacy and accountability

Balanced with a focus on
Public Safety (Especially Health Professionals)
Professional Integrity

Professional Monitoring Organizations help with:

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The Recovery Alliance

Terrence Walton
Chief Operating Officer
National Association of Drug Court Professionals

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Focus of the Panel

Awareness: of other systems providing specialized, long-term recovery support.
Collaboration: work across systems, over time, as the person we serve moves forward in recovery.
Advocacy: for the sake of the person we serve, as they move forward in recovery
Action: inform and cross-fertilize across systems.

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Structural and Functional Commonalities

Collegiate recovery programs

Drug Court (Recovery Court), Veteran Court

Professional monitoring programs

Structural and Functional Commonalities (cont.)

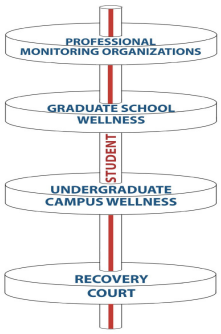
Special populations, difficult to engage

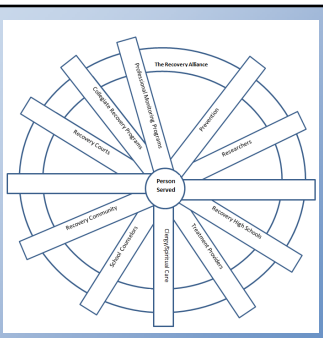
- Take the long view
- Multi-year structure
- Indigenous environment
- Family is central, not peripheral
- Carrot and stick

Professional Goals (Possible Selves)

Examples of person-centered goals include:

- Physician, physician assistant
- Lawyer
- Pharmacist
- Veterinarian, Veterinarian assistant
- Dentist, dental hygienist
- Psychologist, counselor, social workers
- Nurse, nurse anesthetist





Collegiate Recovery Programs and Communities

Amy Boyd Austin, MSS
President, Association of Recovery in Higher Education
Director, Catamount Recovery Program,
University of Vermont

Envisioning a collegiate culture that embraces recovery!

What is Collegiate Recovery

- A collegiate recovery program is a supportive environment within campus culture that reinforces the decision to engage in a recovering lifestyle.
- It provides:
  - community of peers,
  - multitude of support,
  - demonstration of investment and value of recovering students,
  - true collegiate experience
  - opportunity to pursue academics without sacrificing recovery

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How a CRP works

- Aspire to the seven standards for CRPs as set by the Association of Recovery in Higher Education
- Provide community, space, support, visibility, value, access, role modeling, and precedent for engaging academics in recovery for students in recovery
- Provide awareness of, exposure to, and access to a way of engaging a college experience outside the status quo of "partying" for students/staff/faculty outside of recovery
- Diversity of models within Higher Education

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Association of Recovery in Higher Education (ARHE)

- Mission: Empower collegiate recovery programs and professionals to support students in recovery
- Strategic Approaches:
  - Develop and Sustain
  - Connect and Collaborate
  - Educate and Advocate
- Vision: Collegiate culture that embraces recovery

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Bridging and Collaboration

Mollie's Story

- SUD
- Treatment
- Recovery
- Transitional Housing
- Community College
- State College/Honors Student
- Teach for America – Special Education

What can I do right now?

- Join ARHE www.collegiaterecovery.org
- Support collegiate recovery at your alma mater or local college/university
- Volunteer with a CRP
- Consider hiring a CRP student as an intern
- Ask the President's Commission on Combating Drug Addiction & Opioid Crisis to include recovery support

Drug (Recovery)/Vet Courts

Terrence Walton
Chief Operating Officer
National Association of Drug Court Professionals

Drug Courts Are Recovery Courts

- Court-based
- Specialized problem-solving
- Targeting
  - Criminal offenders/defendants
  - Juvenile offenders/respondents
  - parents with pending child welfare cases with alcohol and other drug addiction

Total Problem Solving Courts	3416
Adult Drug Courts	1538
Adult Drug/DWI Courts	448
Juvenile Drug Courts	433
Family Dependency Courts	303
DWI Courts	242
Veterans	220
Tribal Healing to Wellness	119
Co-Occurring Disorders	36
Reentry Drug Courts	36
Other (federal, campus)	41

What Makes A Drug Court A Drug Court

- Judge leading a Multidisciplinary Team
- High Risk, High Need Participants
- Court Supervised Treatment & Social Services
- Supervision, Drug Testing, Case Management
- Incentives and Sanctions
- Favorable Criminal Justice Outcome
- Pre or Post Conviction; Diversion or Not
- Adult Drug Court Best Practice Standards

What Can We Do Right Now?

Case coordination, *that takes the long view:*

- Drug court or Probation officer
- Undergraduate campus
  - School psychologist
  - CRP director and staff
  - Graduate school campus
    - Graduate school psychologist
    - CRP director and staff at the graduate school
  - PMO director and staff

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What Can We Do Right Now?

Relationships and bridging *that fill in the gaps*

- Those people *served* by these programs?
- Those people *working* in these programs?

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What Can We Do Right Now?

Awareness:

- Find out what Drug Court, Collegiate Recovery, and Professional Monitoring programs are in your state

Collaboration:

- Take the long view; educate and refer across systems through the person's timeline

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What Can We Do Right Now?

Advocacy:

- Ask those in other systems how to advocate effectively

Action:

- Meet together and visit each other's programs
- Enter your contact information and program description in our shared electronic directory

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Cross-Fertilizing

Transfer of principles or practices across silos toward increased effectiveness?

Export/move beyond our current boundaries?

- Fellowship Practices
- Support Practices
- Clinical Practices
- Electronic Tools for the participant, staff, and program

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- DuPont, R. L., Compton, W. M., & McLellan, A. T. (2015). Five-year recovery: A new standard for assessing effectiveness of substance use disorder treatment. *Journal of Substance Abuse Treatment, 58*, 1-5.

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www.fullcircleccr.com

Recovery Alliance information including:

- This presentation
- Links to these organizations and others
- Acronym Guide and other resources
- Recovery Alliance Summits and Projects
- There will be a community set up specifically for Panel Attendees

ARHE - http://collegiaterecovery.org

NADCP - http://www.nadcp.org/

CoLAP - https://www.americanbar.org/groups/lawyer_assistance.html

FS PHP - http://www.fsphp.org/

NOAP - http://www.alternativeprograms.org/

ARS - https://recoveryschools.org/